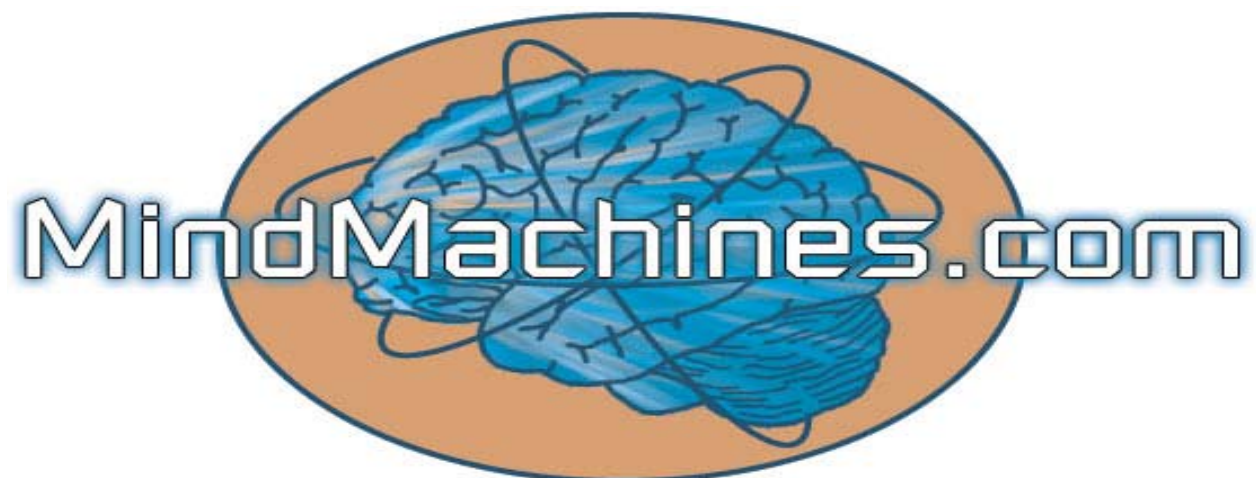




This is a free coloring book for children to express how they feel about using light and sound. There is nothing scientific about the contents and none are implied.

All we want by furnishing these pages is for your child to enjoy or learn to enjoy light and sound technology.



Light, Sound & Fun

The Original Light & Sound Coloring Book

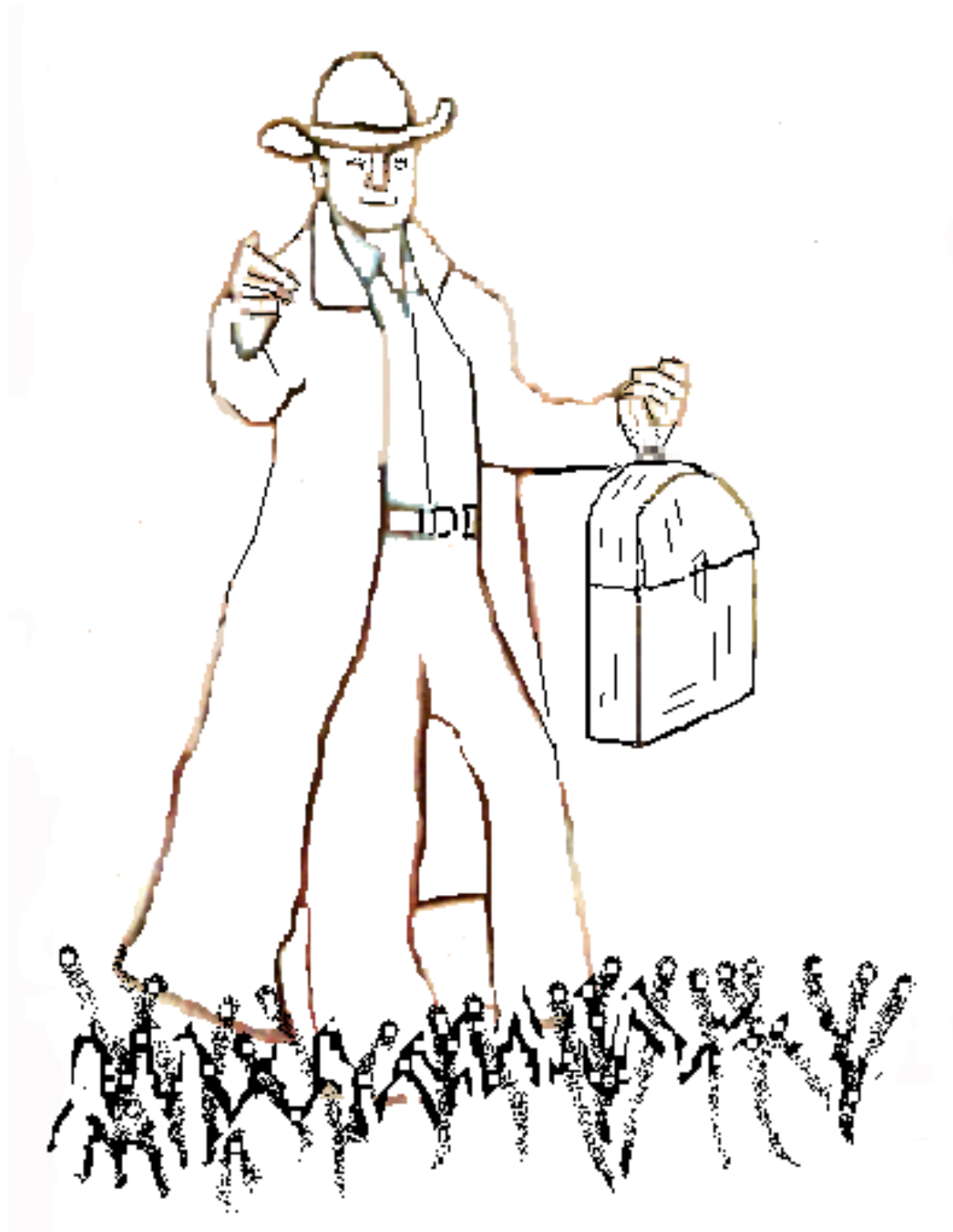


Grab Your Crayons and Enjoy Light & Sound!

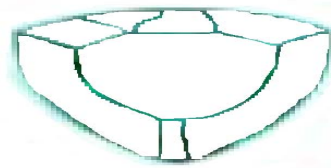
The Fossil Phil Way

Let *Fossil Phil* show you how to have fun with light and sound!

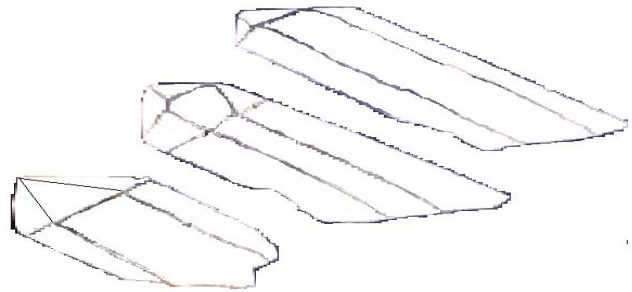
- Do you have your crayons ready?



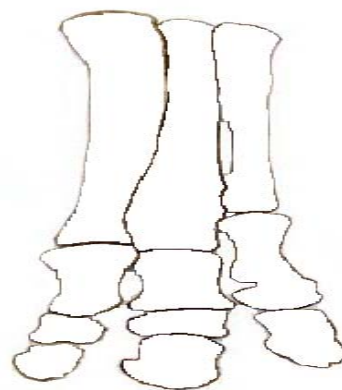
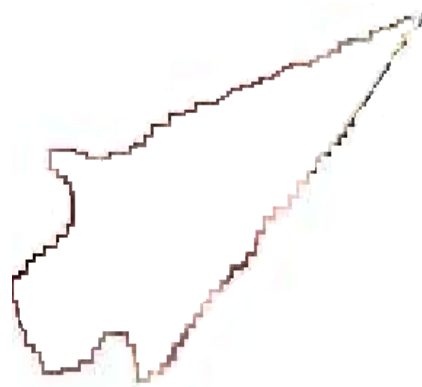
Fossil Phil likes to find old things buried in the dirt.



Especially neat looking rocks, arrowheads and old bones . Just like these.

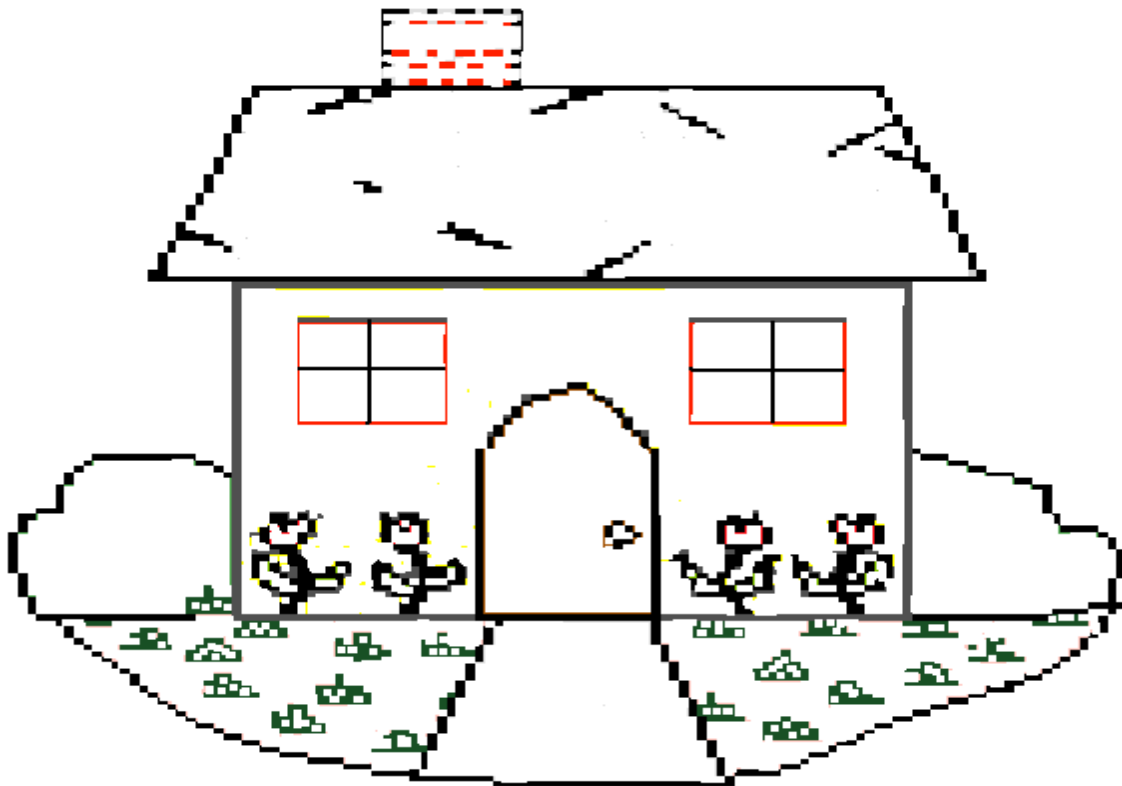


What color do you want them to be?



Fossil Phil is a busy person.

When he is in the city, this is where he lives...

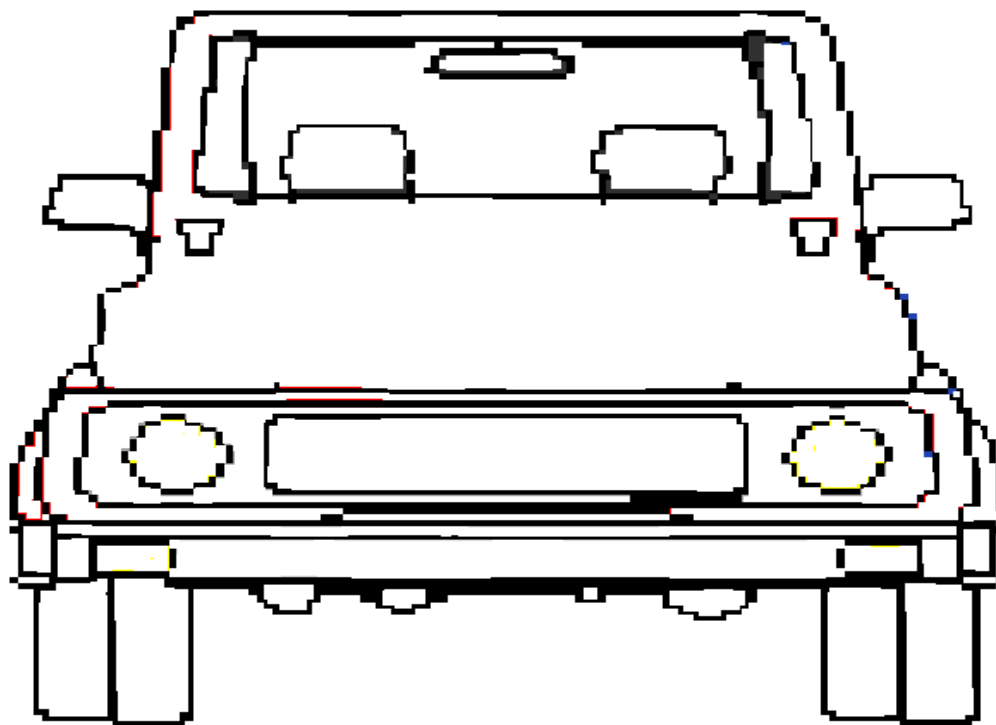
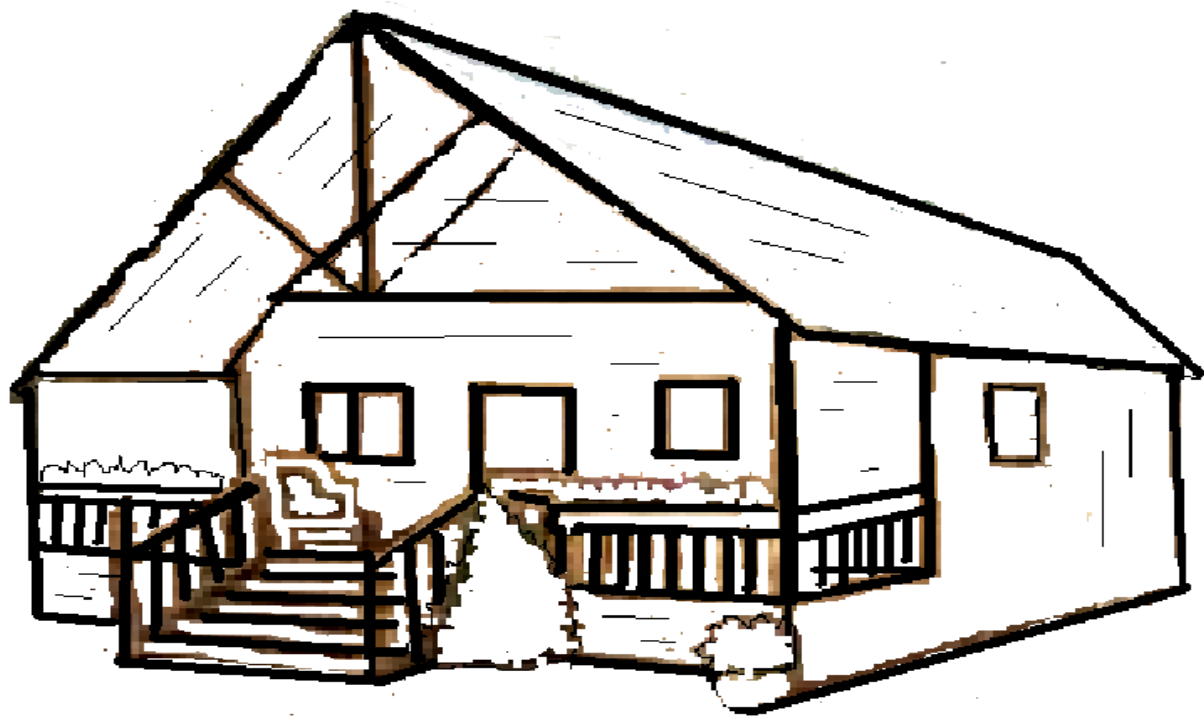


And this is the car he drives...



But when Fossil Phil is in the country, things are different.

He lives in a cabin and drives a fun car...

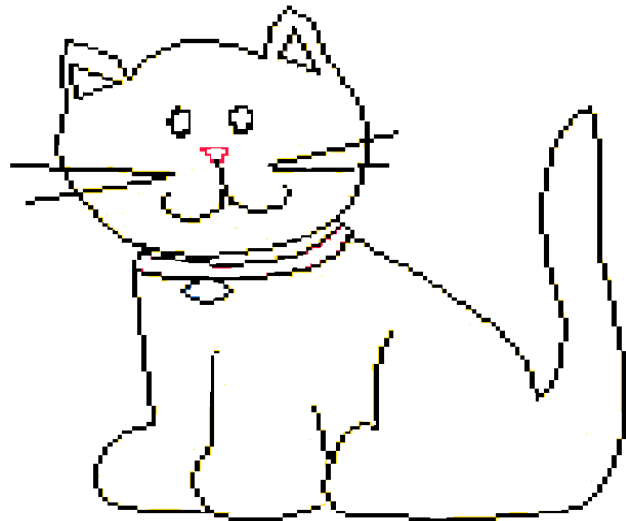


Fossil Phil takes his pets wherever he goes...



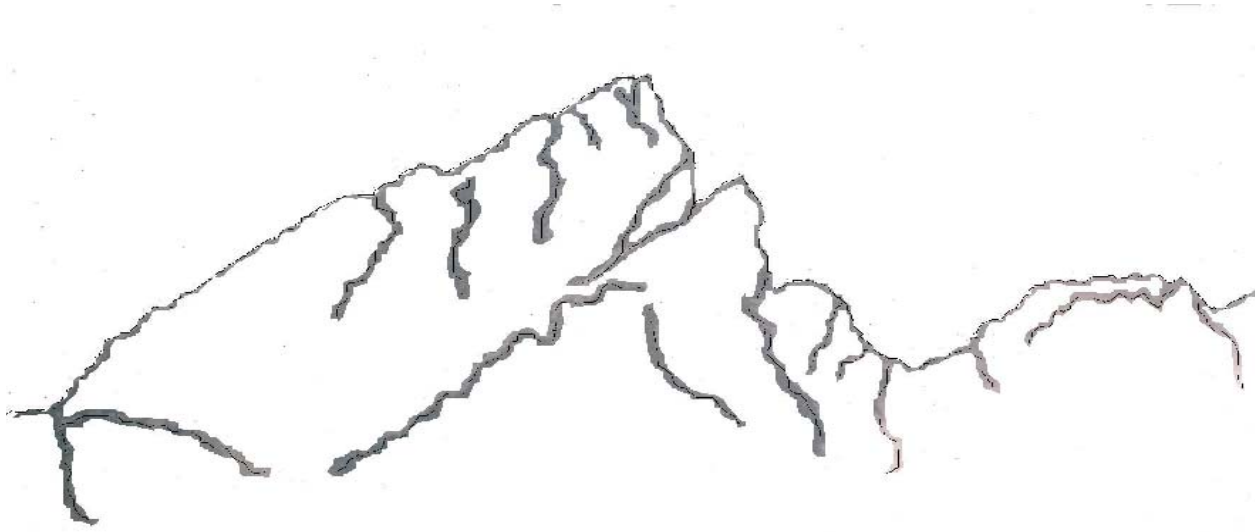
Here is Fetch, because that is his favorite hobby.

This is Mittens the Kitten. Fossil Phil found her at the Animal Shelter.



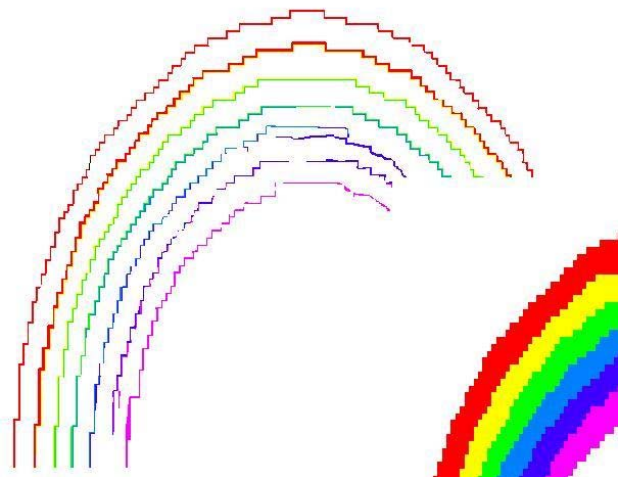
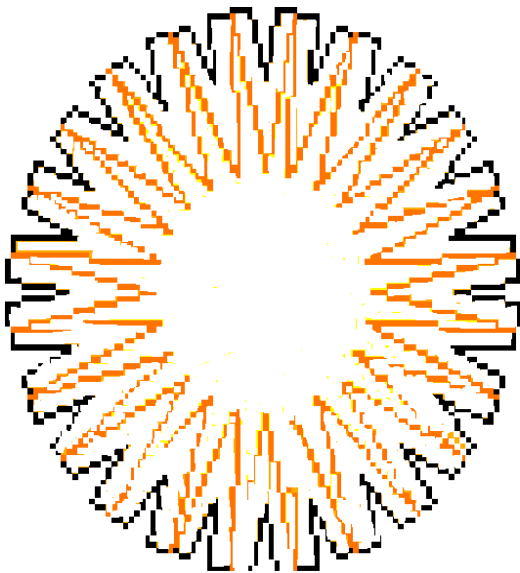
Snoozer just showed up one day and decided to stay.

He also enjoys the view from his cabin...

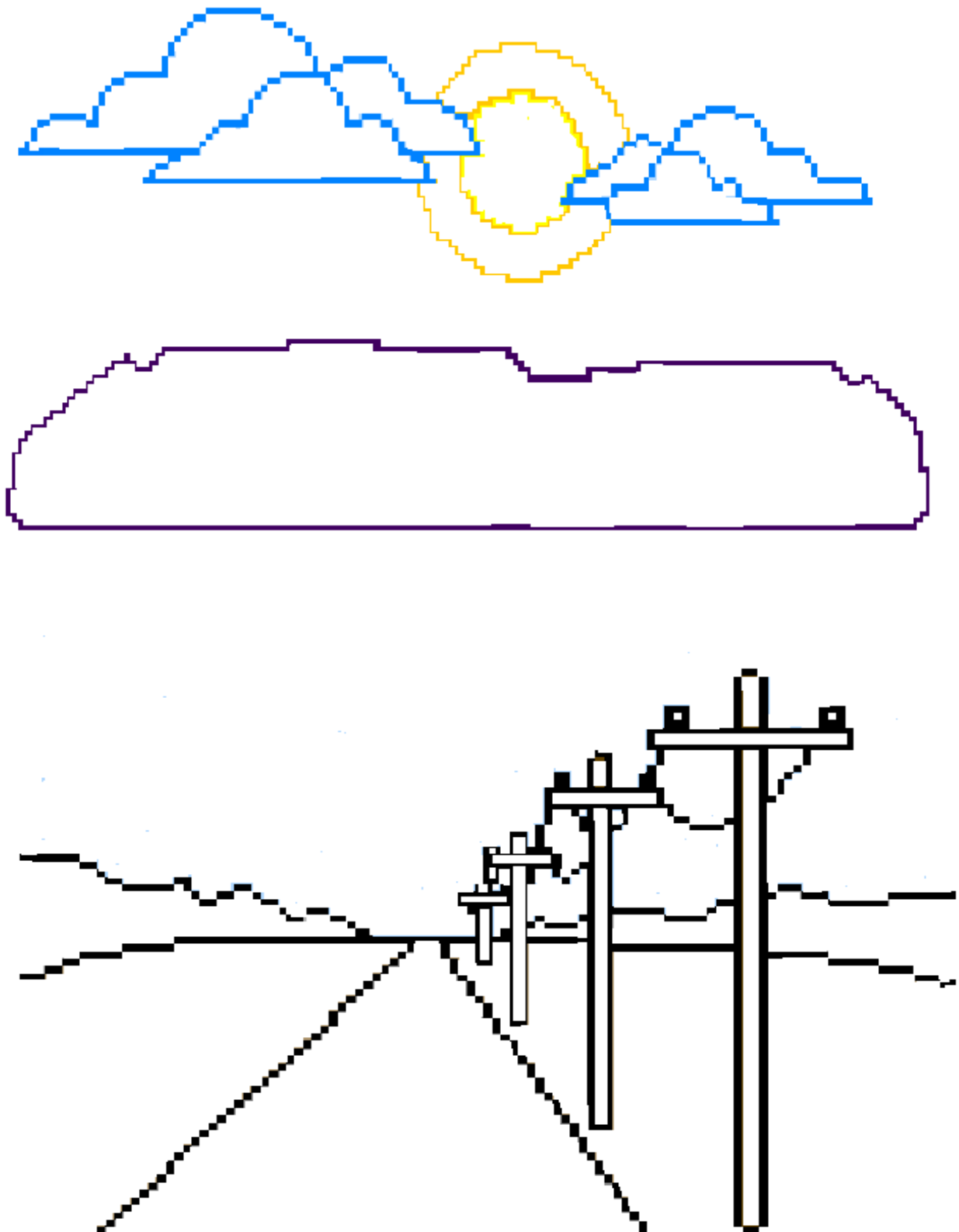


This mountain landscape is part of the Tetons. They are a mountain range in Wyoming.

He likes to watch the sun rise and after it rains, enjoys gazing at the rainbows...



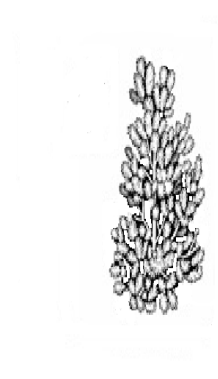
And most of all, Fossil Phil enjoys the wide open spaces...



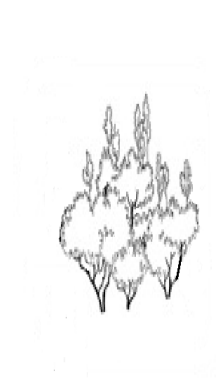
Fossil Phil likes to look at plants, too. Some of his favorites are...



Aster



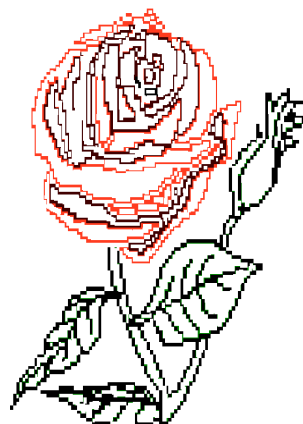
Pinyon Pine



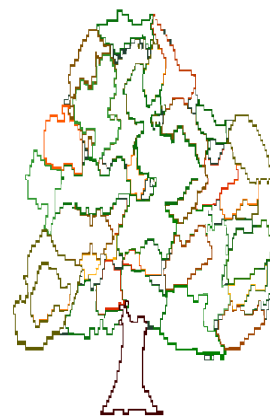
Sagebrush



Spruce



Rose



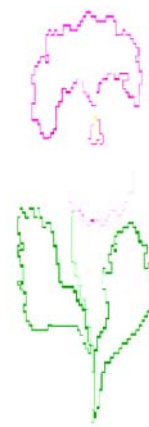
Oak



Grain



Fossil Phil's favorite pond

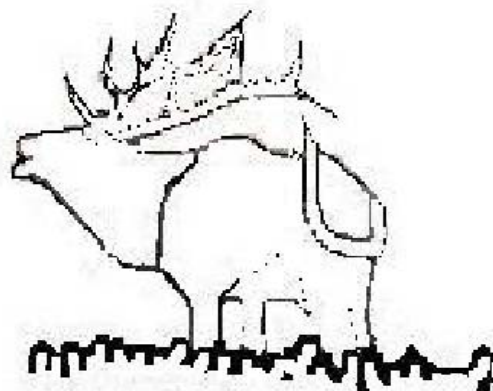


Pansy

There is plenty of wildlife for Fossil Phil to see ...



Fox

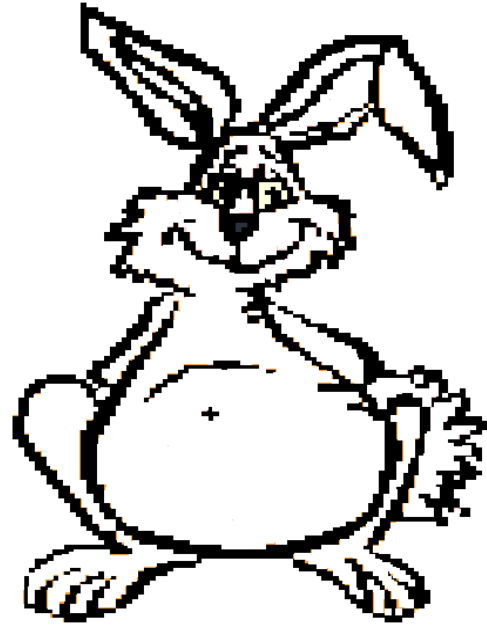


Elk

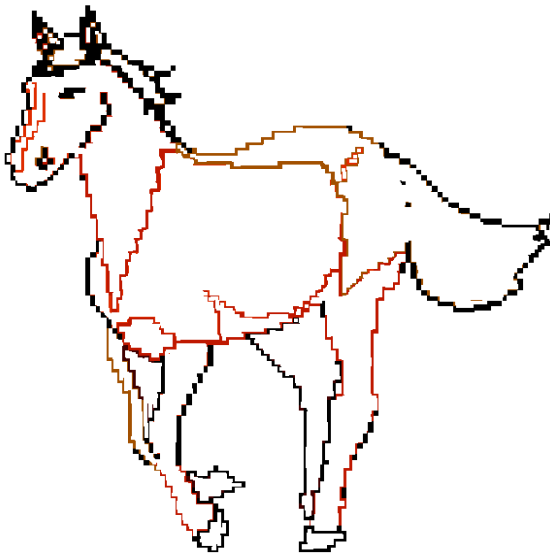


Raccoon

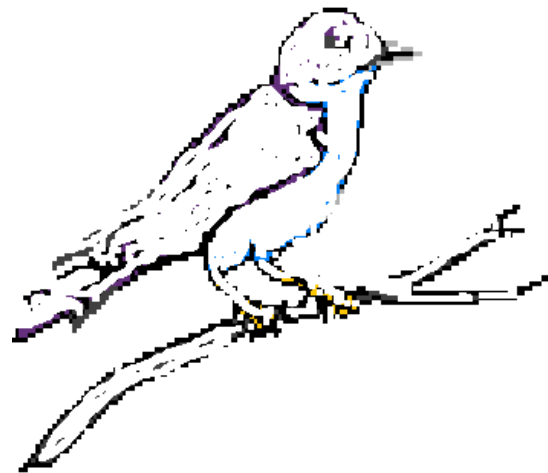
Rabbit

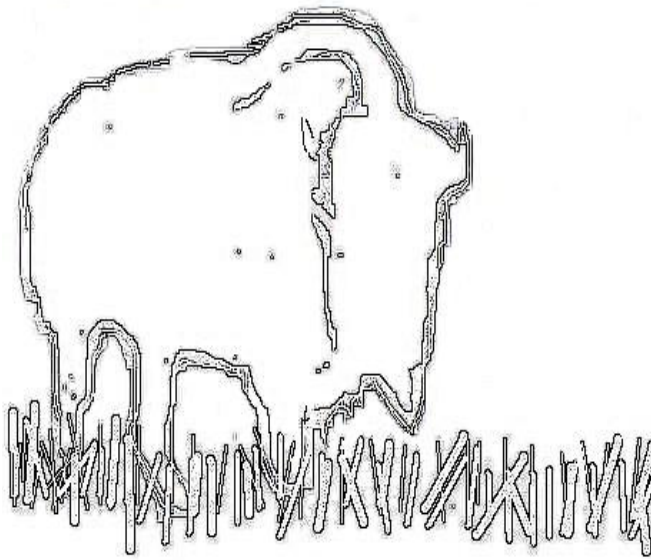


Horse



Songbird





Bison

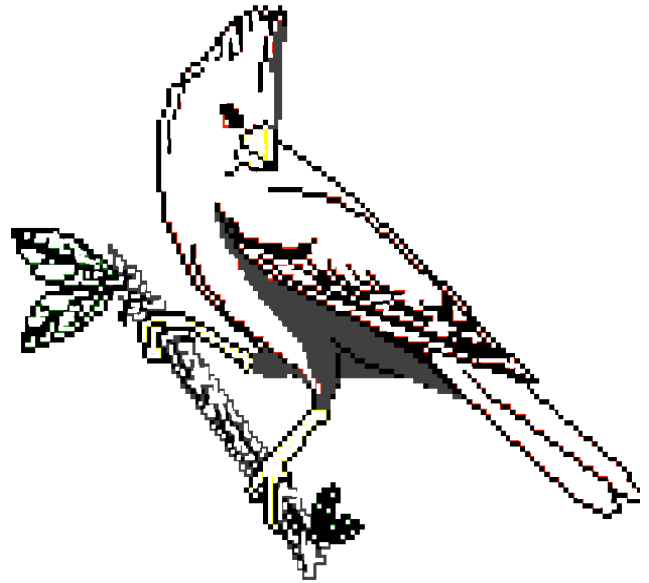


Eagle

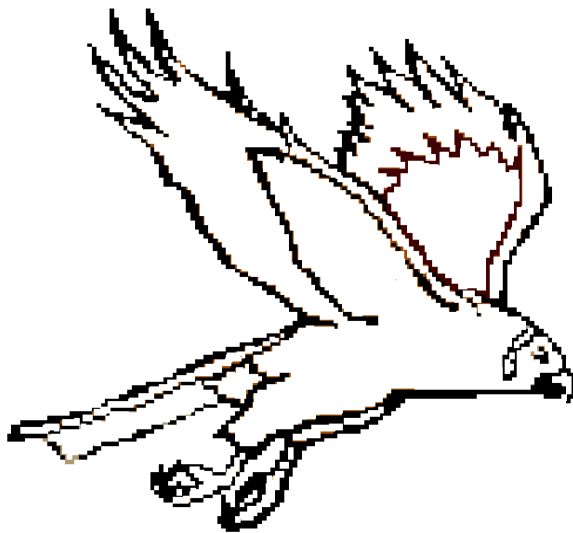


Otter

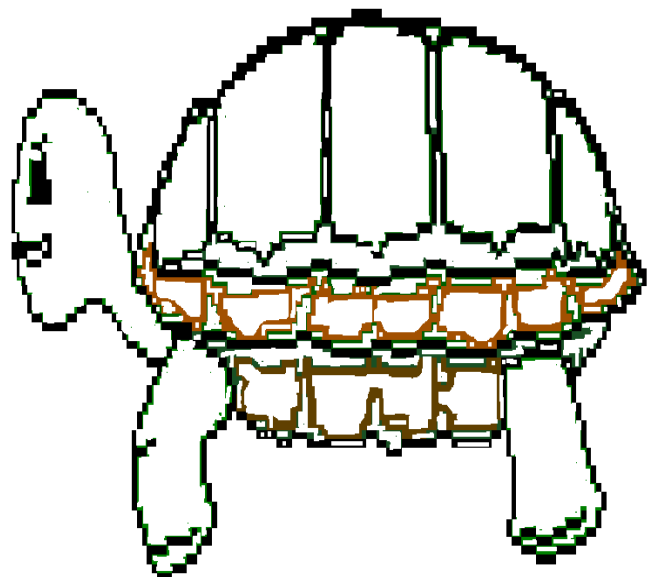
Jaybird

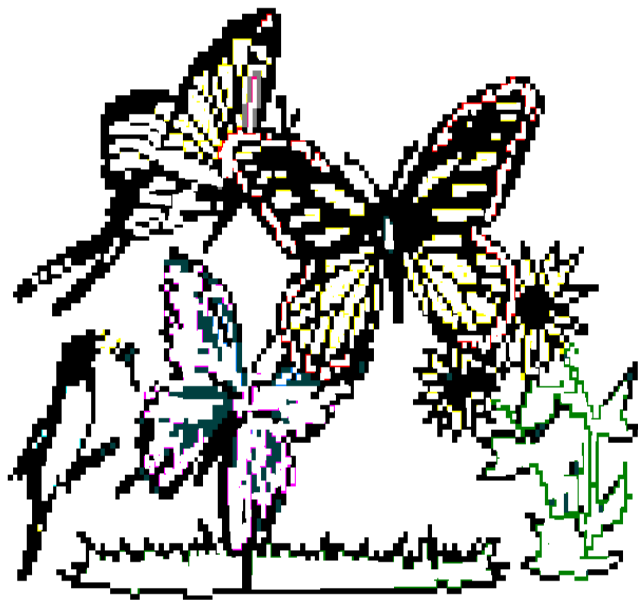


Hawk

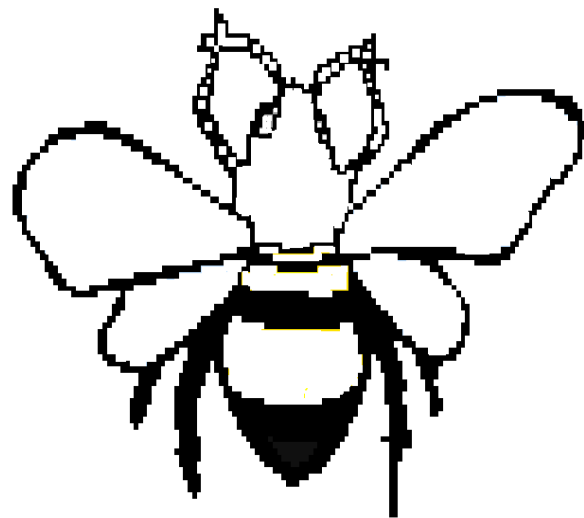


Turtle

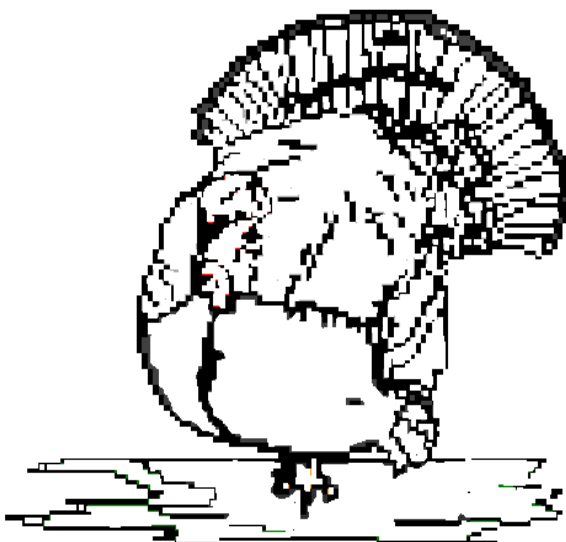




Butterflies



Bee

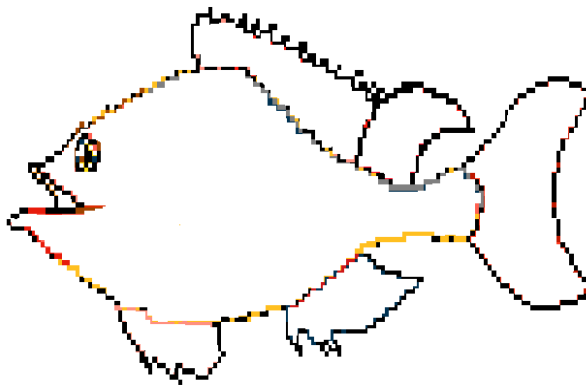


Turkey

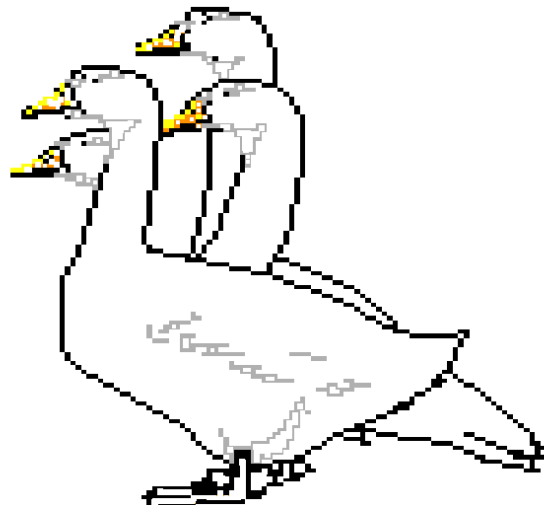
Dove

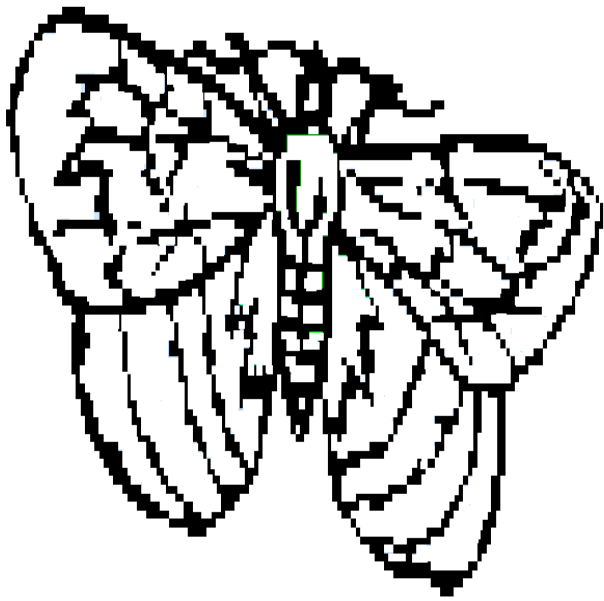


Fish



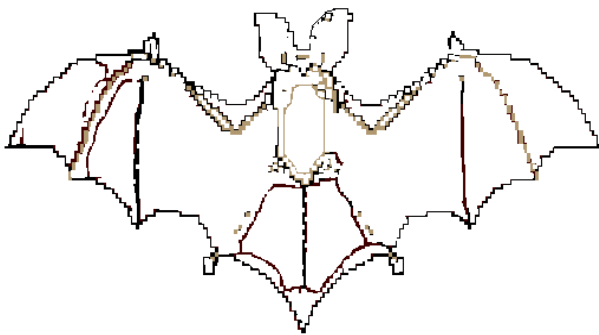
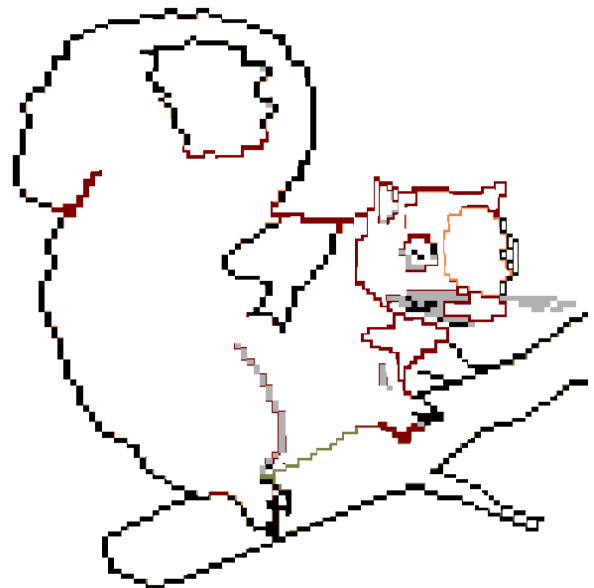
Geese





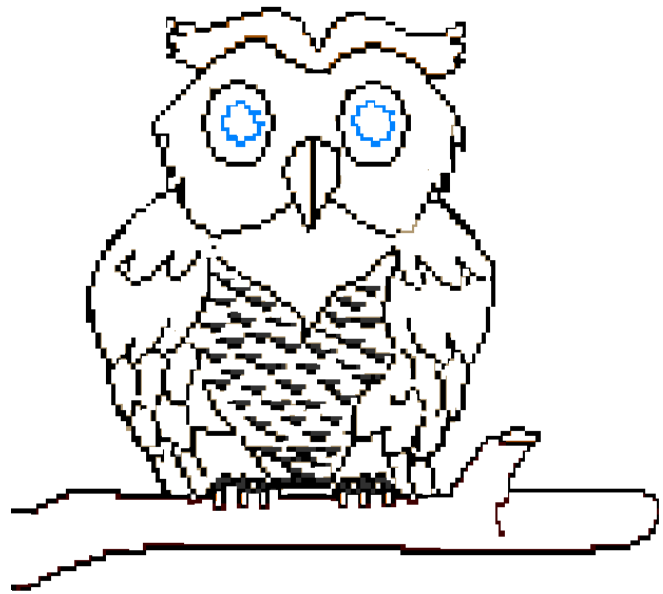
Moth

Squirrel



Bat

Owl



Quail



Ram

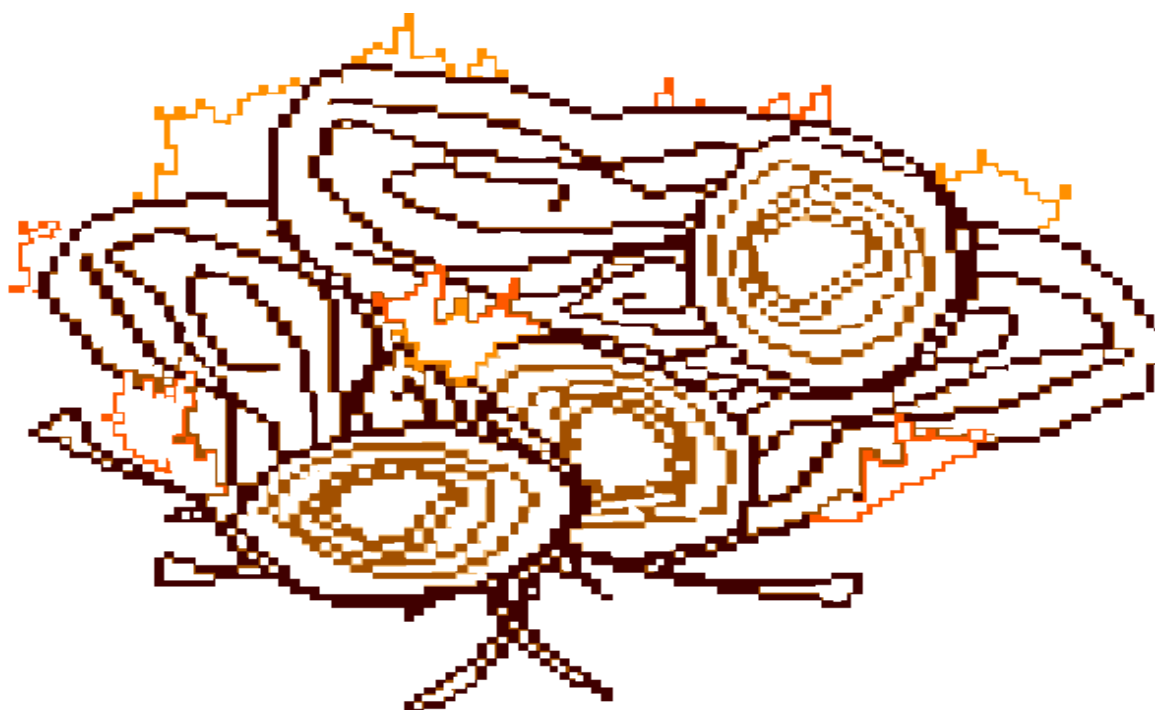


On warm nights in the country, Fossil Phil really enjoys a campfire...

He readies his campfire by chopping wood.



And then he sits back and enjoys his campfire...



**Fossil Phil knows he is lucky,
because ...**

Fossil Phil knows people who worry too much.

They rush through life without taking time to relax.

They are old. They are young.

They are stressed!

Like these people...

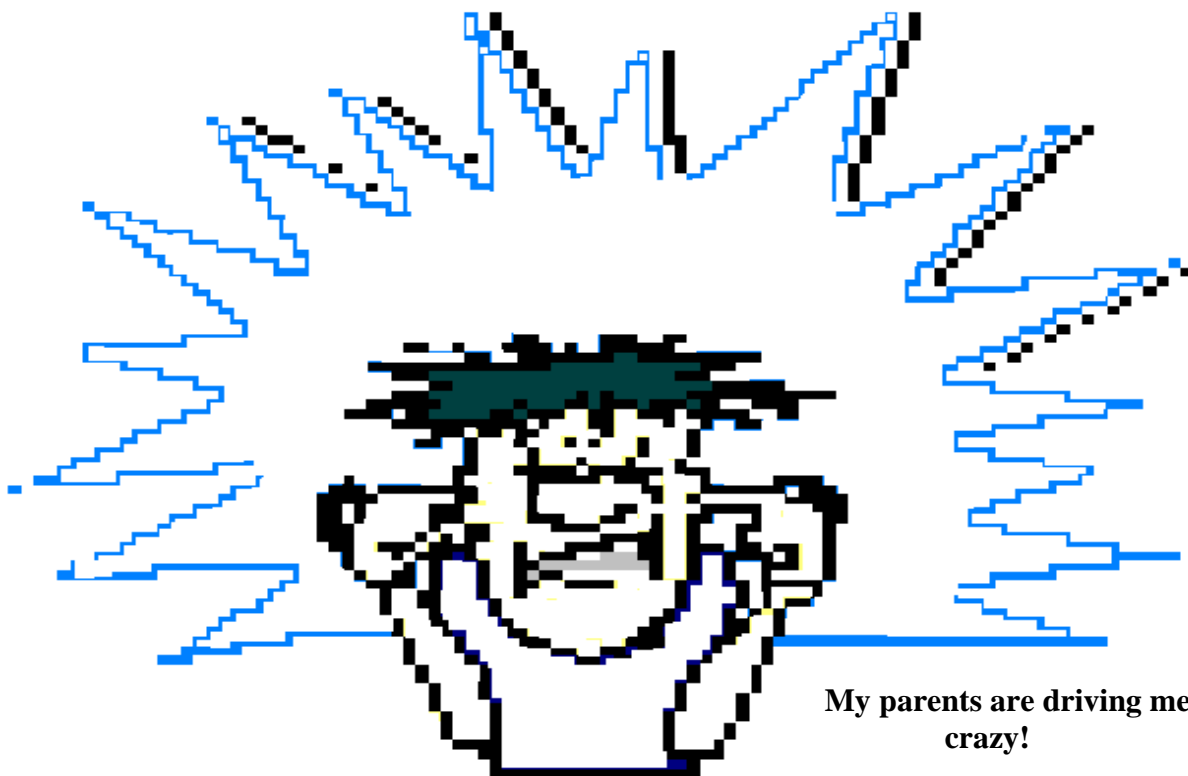


Yak! Yak! Yak!

The phones are always ringing!



**Things always go wrong
because I do not follow
directions!**



**My parents are driving me
crazy!**



**I am so shy around girls, I do not know
what to do!**

So Fossil Phil tries to help.



**He shares his secret with his friends ...
Light & Sound is his secret.**

**And as his secret becomes known,
as it becomes popular,
his secret is realized by everyone.**

All they have to do is learn to relax.

**All they need to do is use a Light & Sound
instrument!**



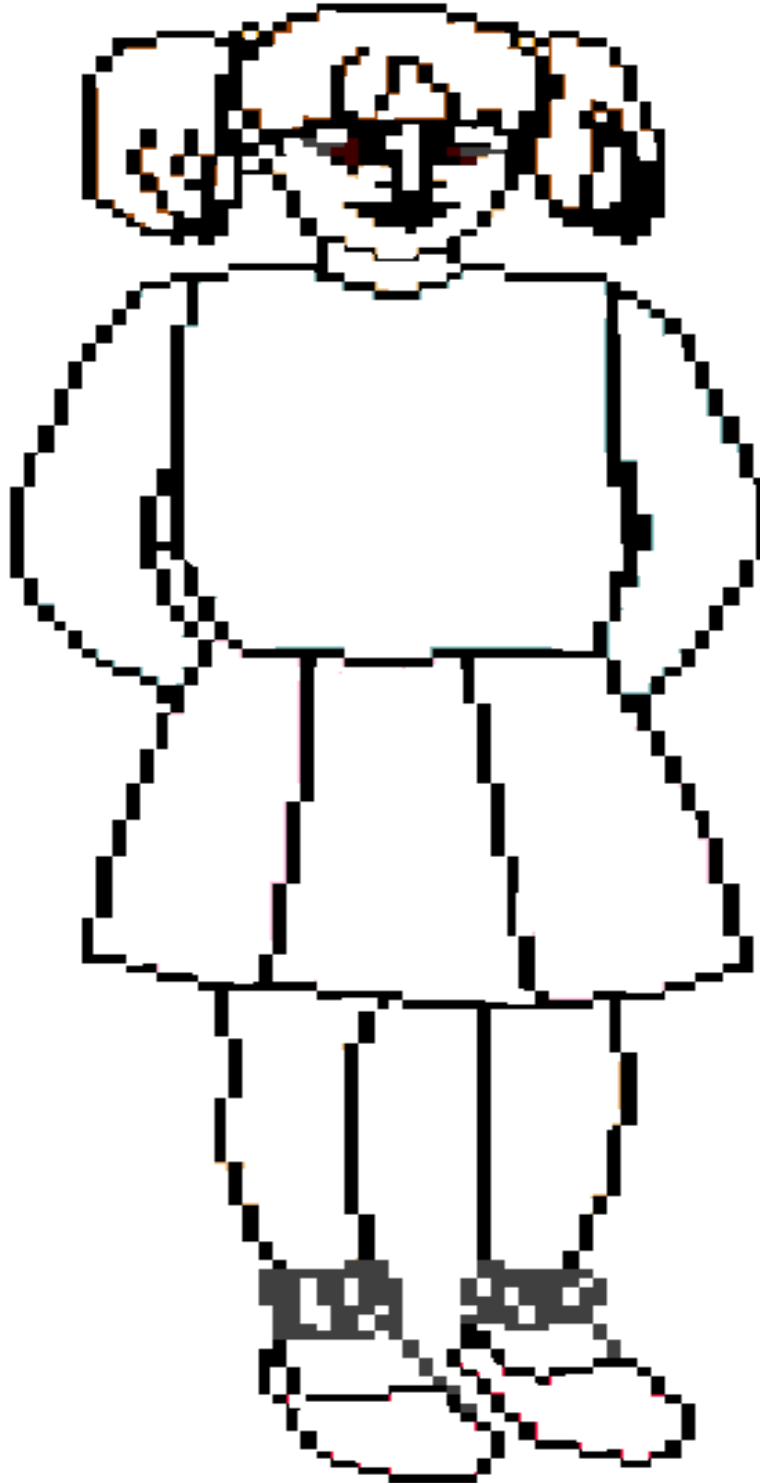
Lucia wants to be a ballerina when she is older so she uses her light and sound machine to improve her performance.



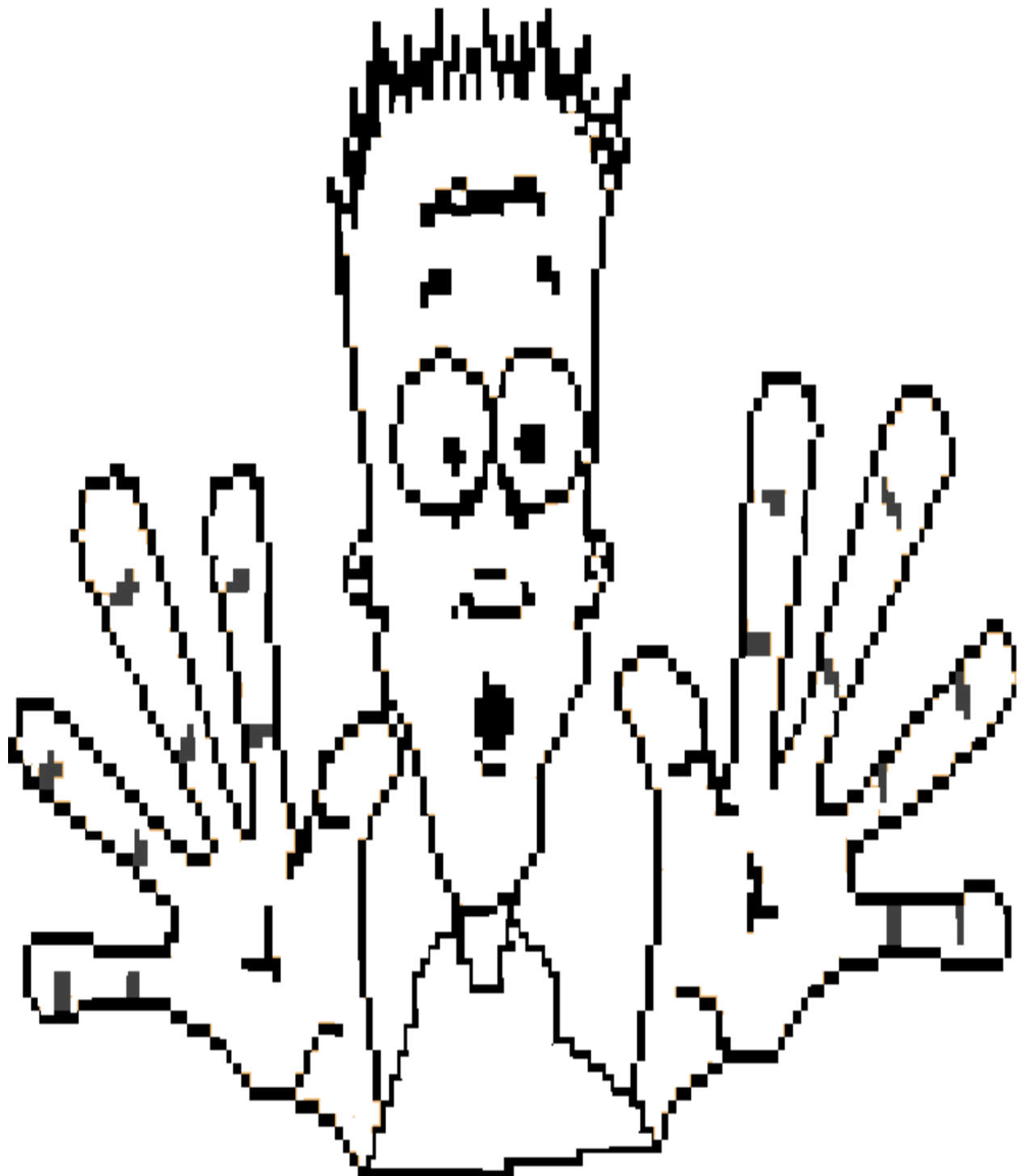
Eddie enjoys swimming and wants to be an Olympic swimmer one day, so he uses his light and sound machine to improve his swimming and diving skills.



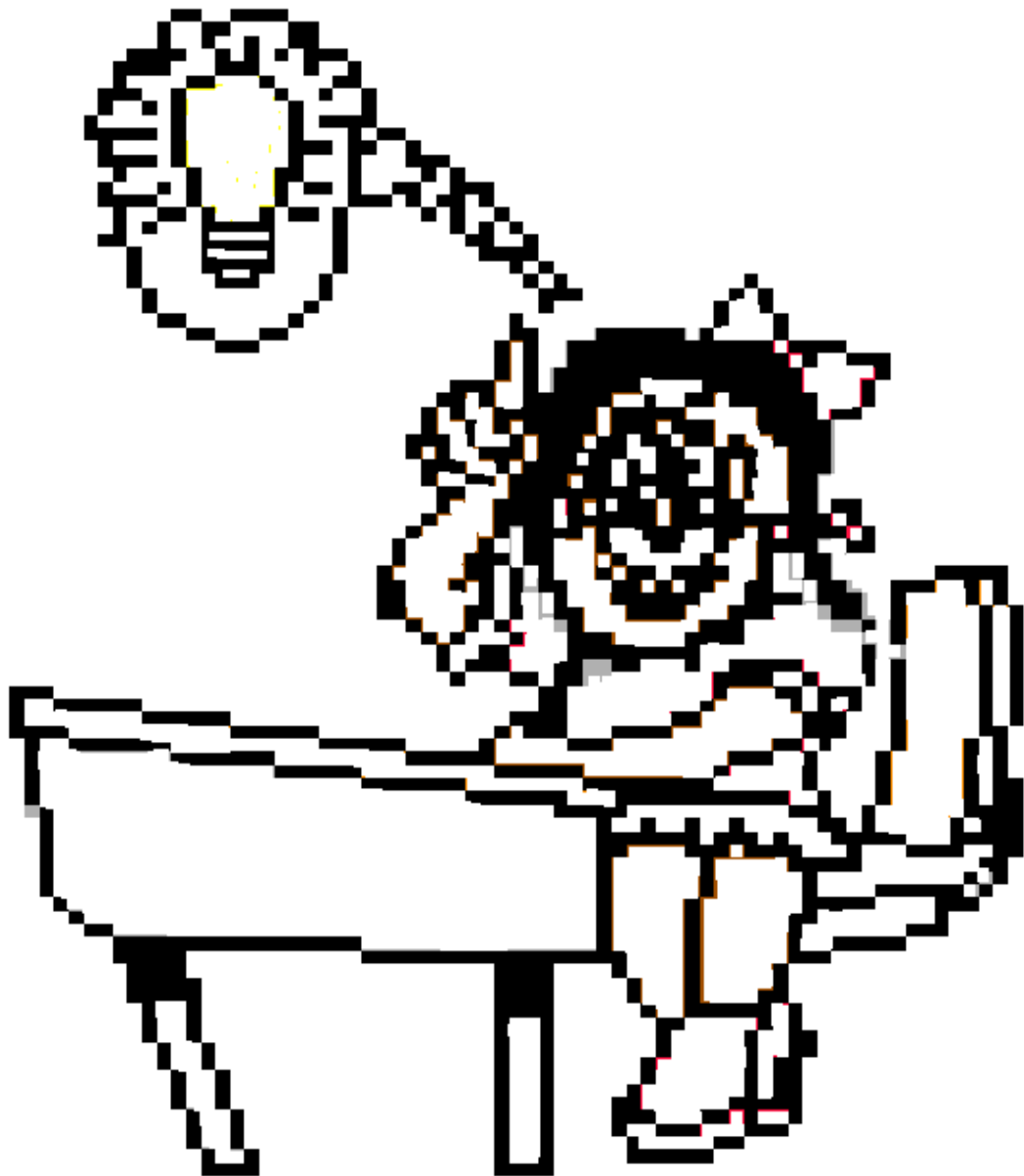
**Margaret is lonely. She just lost her puppy and is trying to cope.
Light and sound is helping her.**



Reggie is very excitable. He also wants to grow up to be a professional basketball star. With the size of his hands, he has an excellent chance. So Reggie uses light and sound to visualize being on the court and shooting hoops.



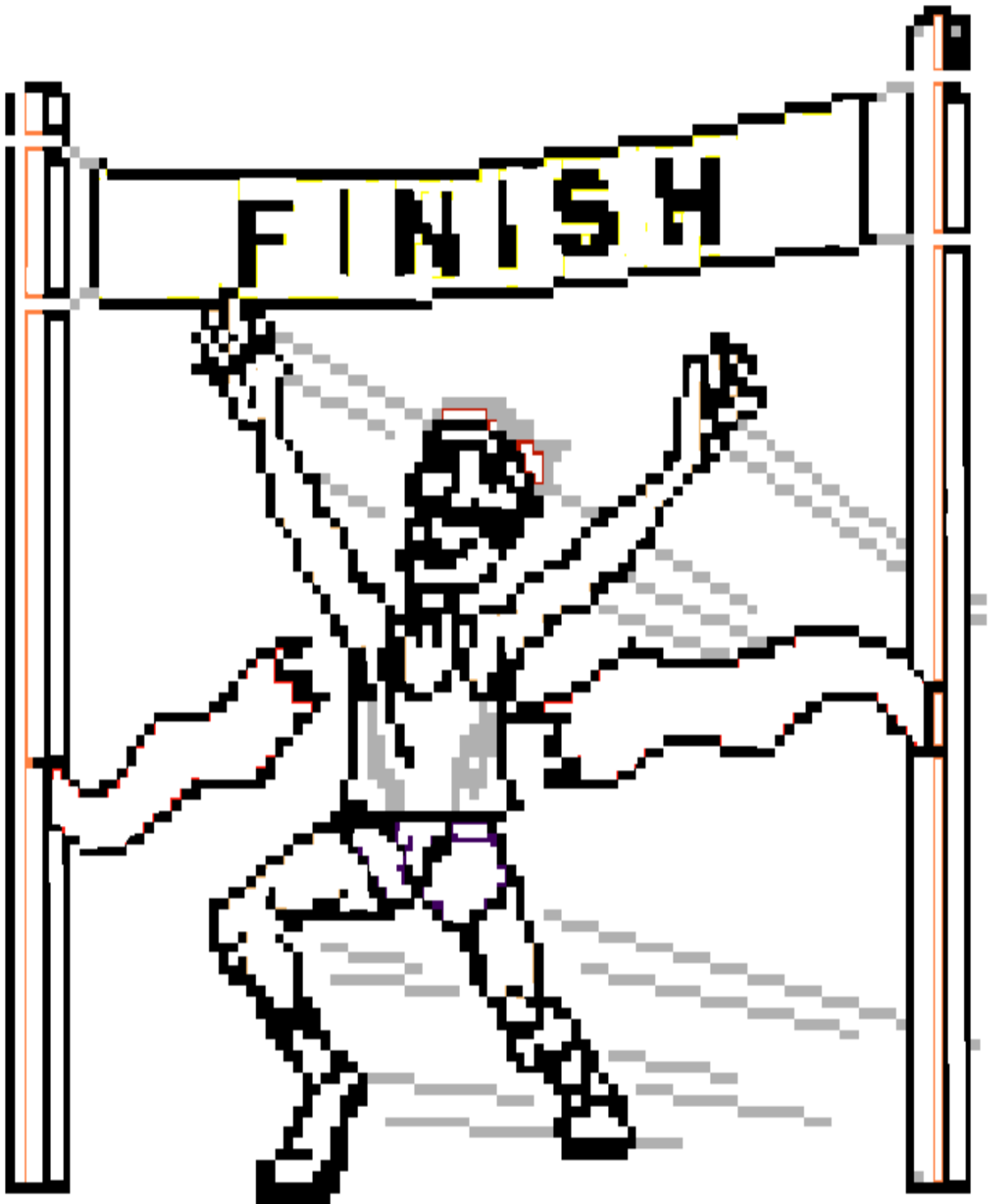
Marcia is very smart. She always knows the answers her teachers ask. But that is not good enough for Marcia. She wants straight A's in school so she can one day graduate from the best college. Marcia uses light and sound to help her remember information that will appear on tests.



Alice enjoys bicycle races and she really enjoys winning, so Alice uses light and sound to increase her endurance and improve her performance.



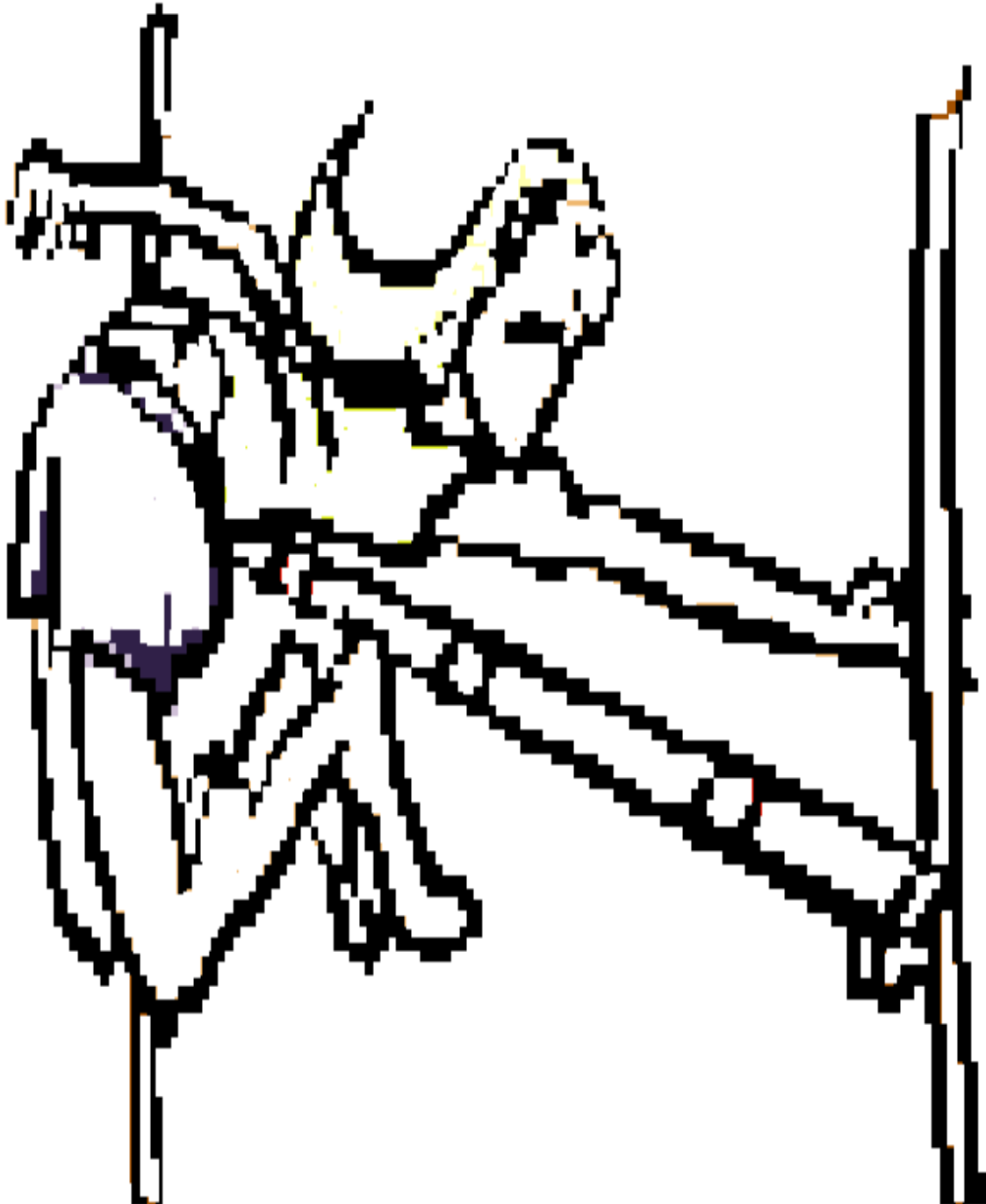
Manuel is fast and likes to run. To stay ahead of his competitors, Manuel uses light and sound to keep improving.



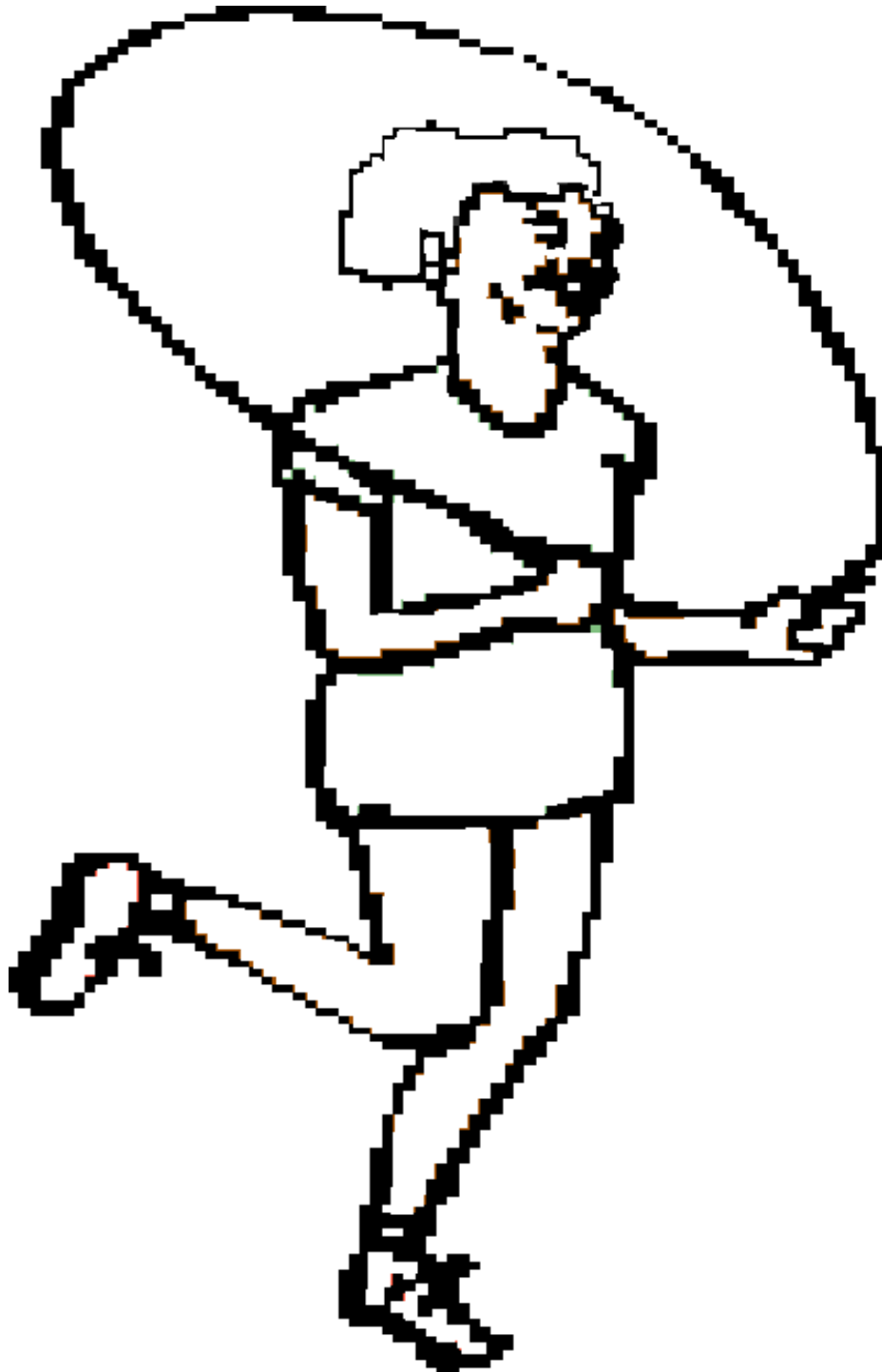
Yolanda has always dreamed of winning. She always tries her best. But sometimes it just does not happen. So Yolanda uses light and sound to help her relax and focus when it is most important.



Like many of Fossil Phil's young friends, Fred is into track. He loves to jump, to see how high he can go. Light and sound gives Fred the motivation to keep trying harder.



Betty Sue has a weight problem. Her doctor suggests she lose a few pounds. So Betty Sue watches her diet, exercises and uses light and sound to help her feel better about herself.



Barry is the fastest runner at his school. He is also one of the smartest. Barry says light and sound has really helped him prepare for classroom tests and track meets.

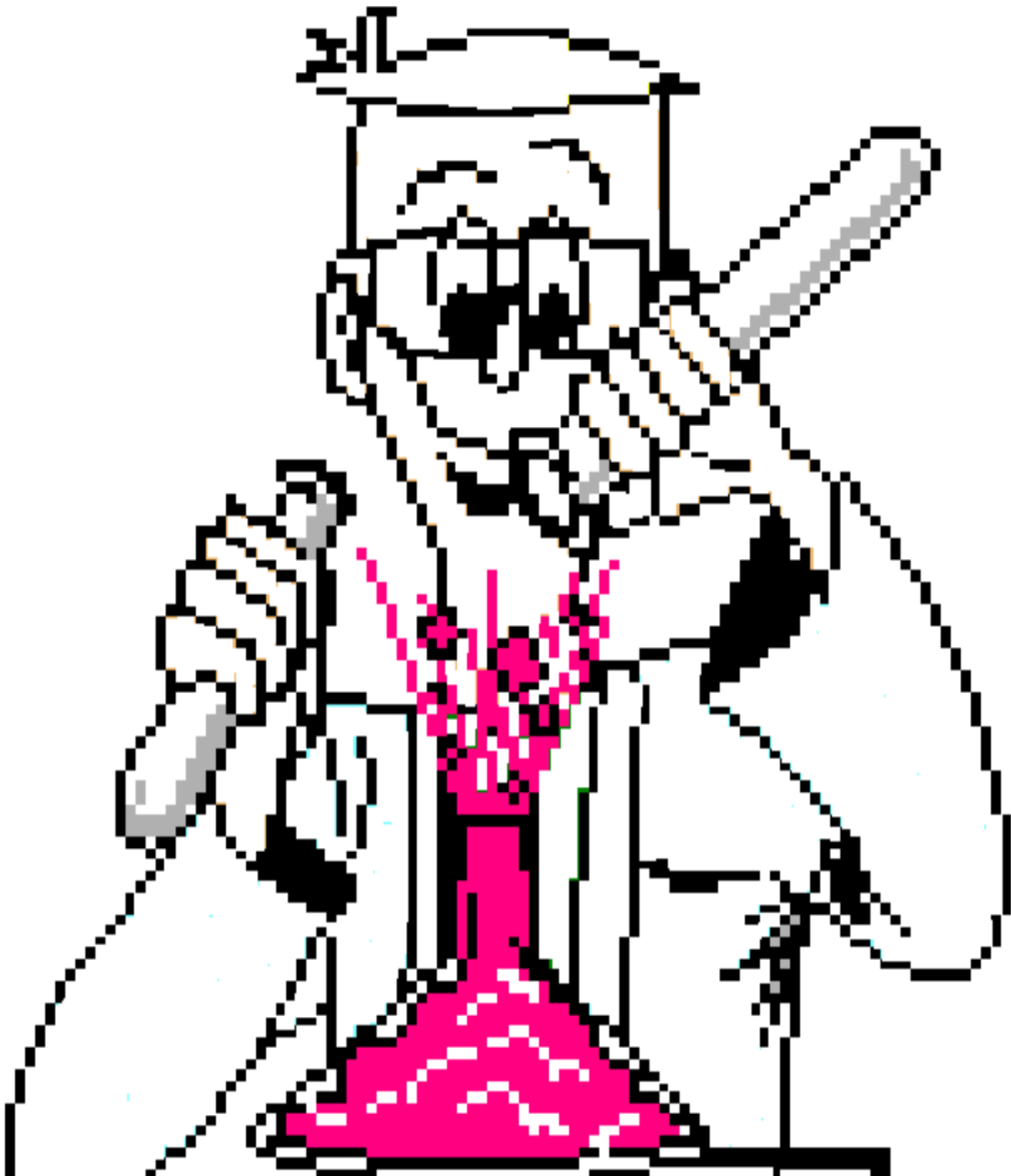


And yes,



**Fossil Phil does share
his secret of light and sound
with adults ...**

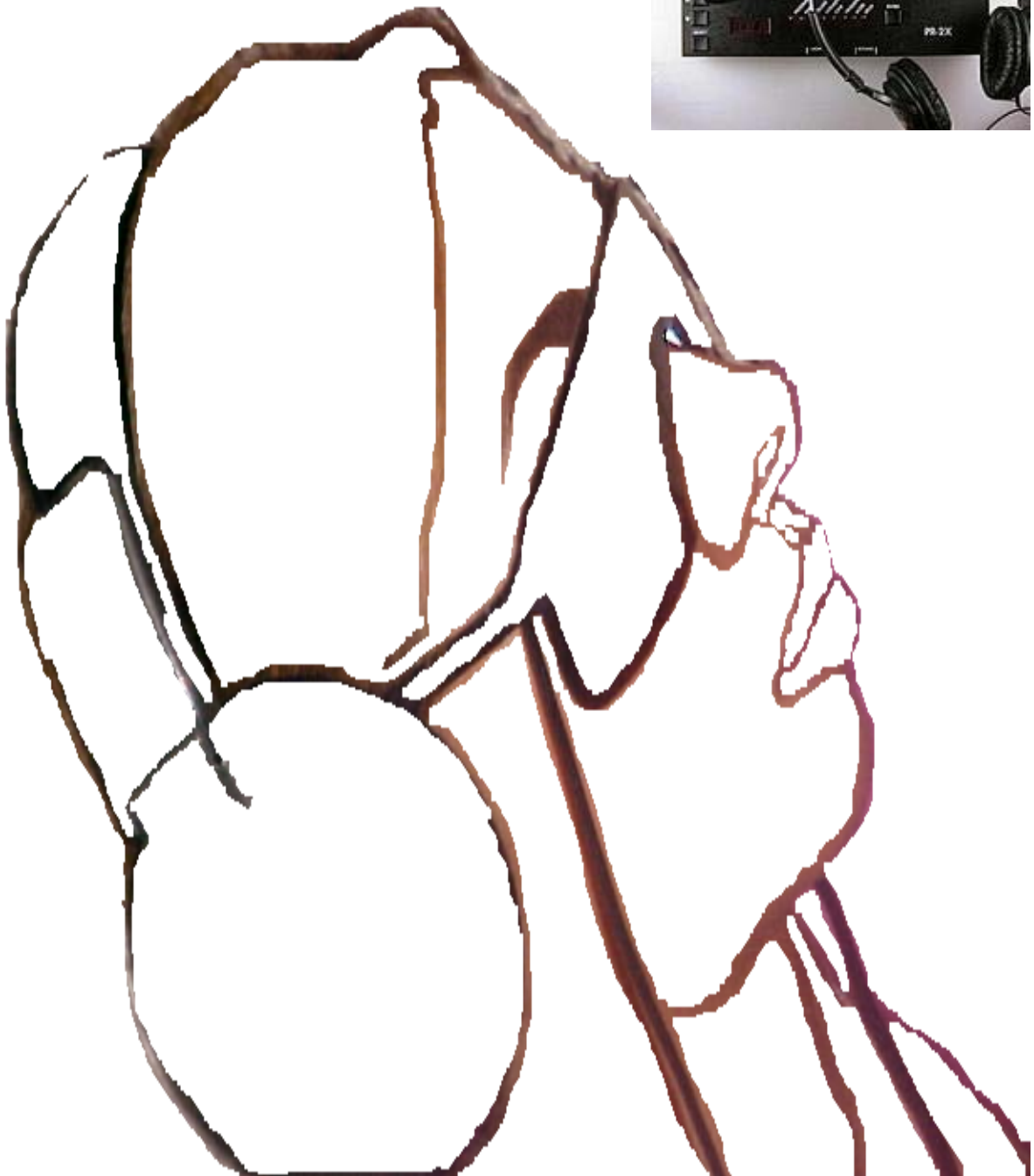
Thanks to light and sound, Avery has found a new hobby. Now, instead of sitting on the couch watching television, he conjures up potions with his chemistry set. Avery said it was using a creativity session in his light and sound machine that caused him to realize how much he liked chemistry, but was afraid to try.



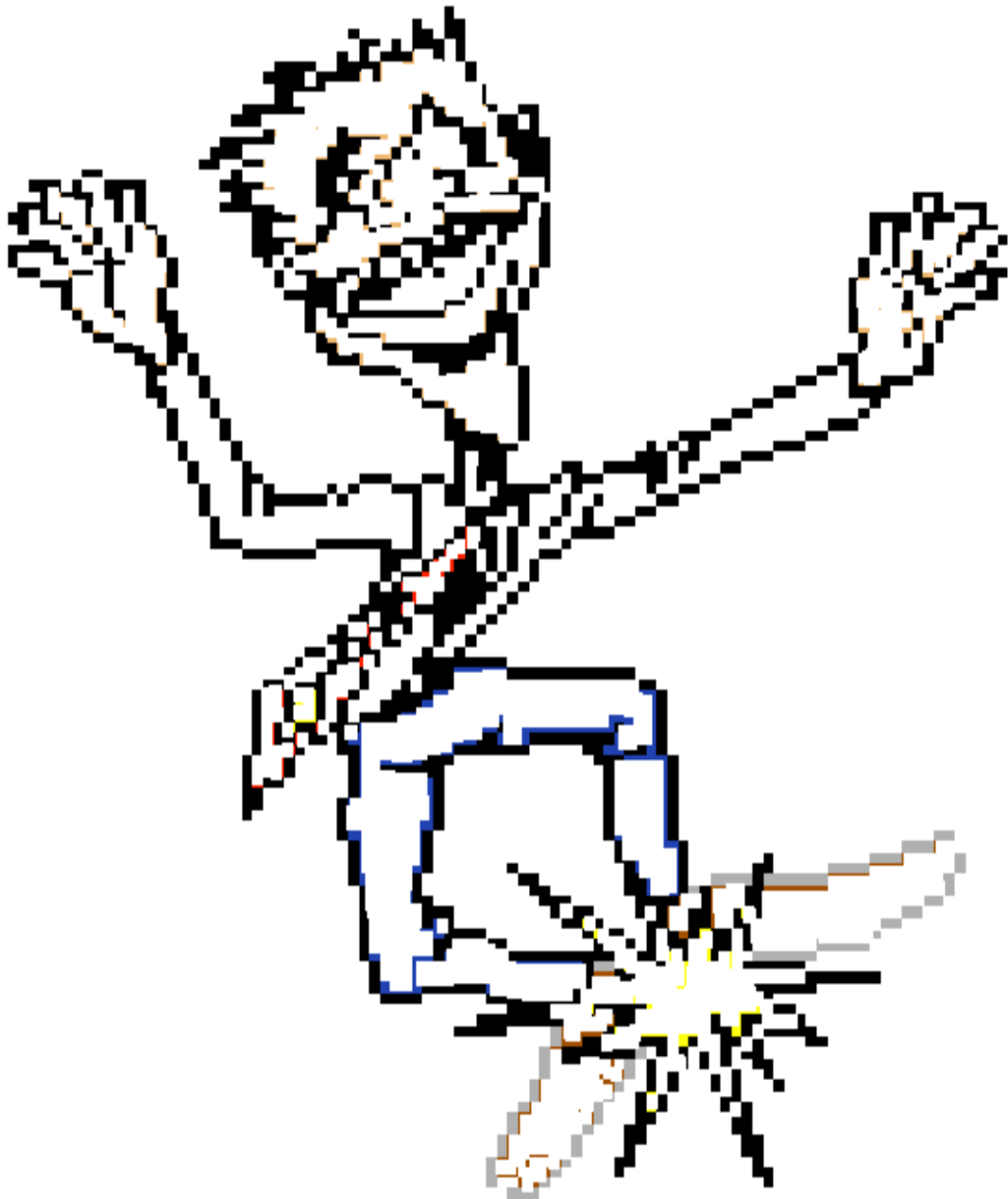
Billy Bob, the local Game Warden, was always frustrated by visitors leaving trash around the National Park. So he started using light and sound to think up new ways to get visitors to stop littering. Now it is the visitors who litter that are frustrated!



Sheila is a wonderful musician with a beautiful voice. Here she sits, listening to a light and sound session, gaining inspiration for her new recording.



Benny was the most depressing person Fossil Phil knew. He was always feeling down. So Fossil Phil gave Benny a light and sound machine and said “Use it!” Now Benny is happy, feels good about life and just wants to dance all day long.



Here is Fossil Phils best friend. He never says very much, just wanders around with a smile on his face. Fossil Phil says his friend is the person who first showed him a light and sound machine. Fossil Phil will always appreciate his friend, and whenever they meet, they have a good time.



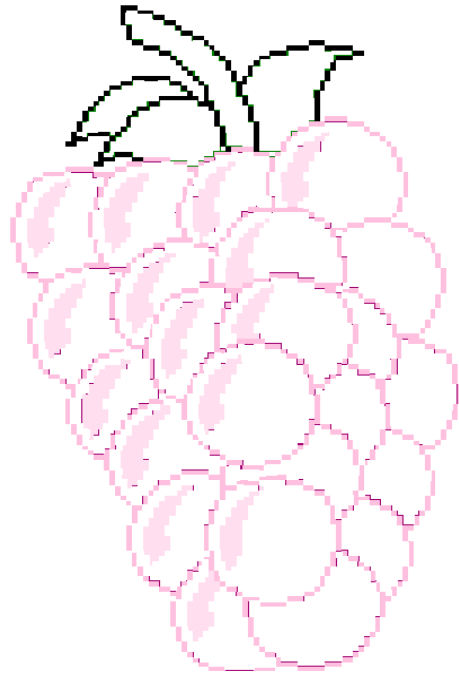
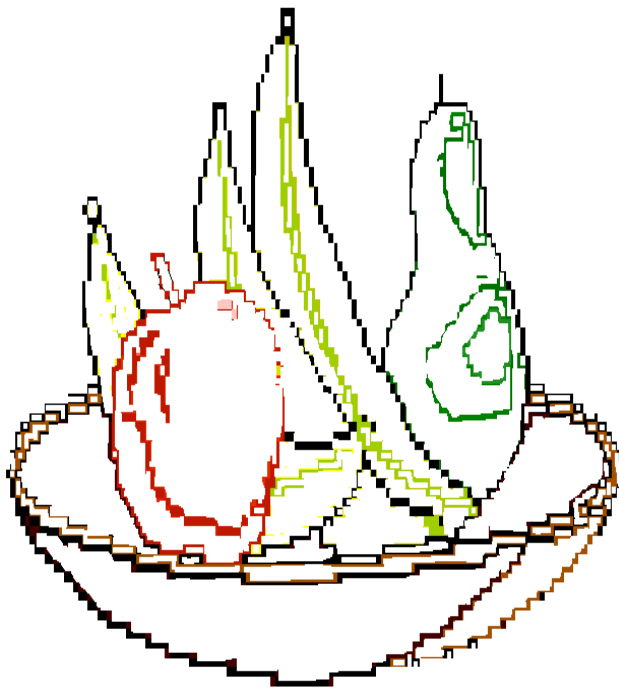
Now it is your turn

to have fun

with Light & Sound ...

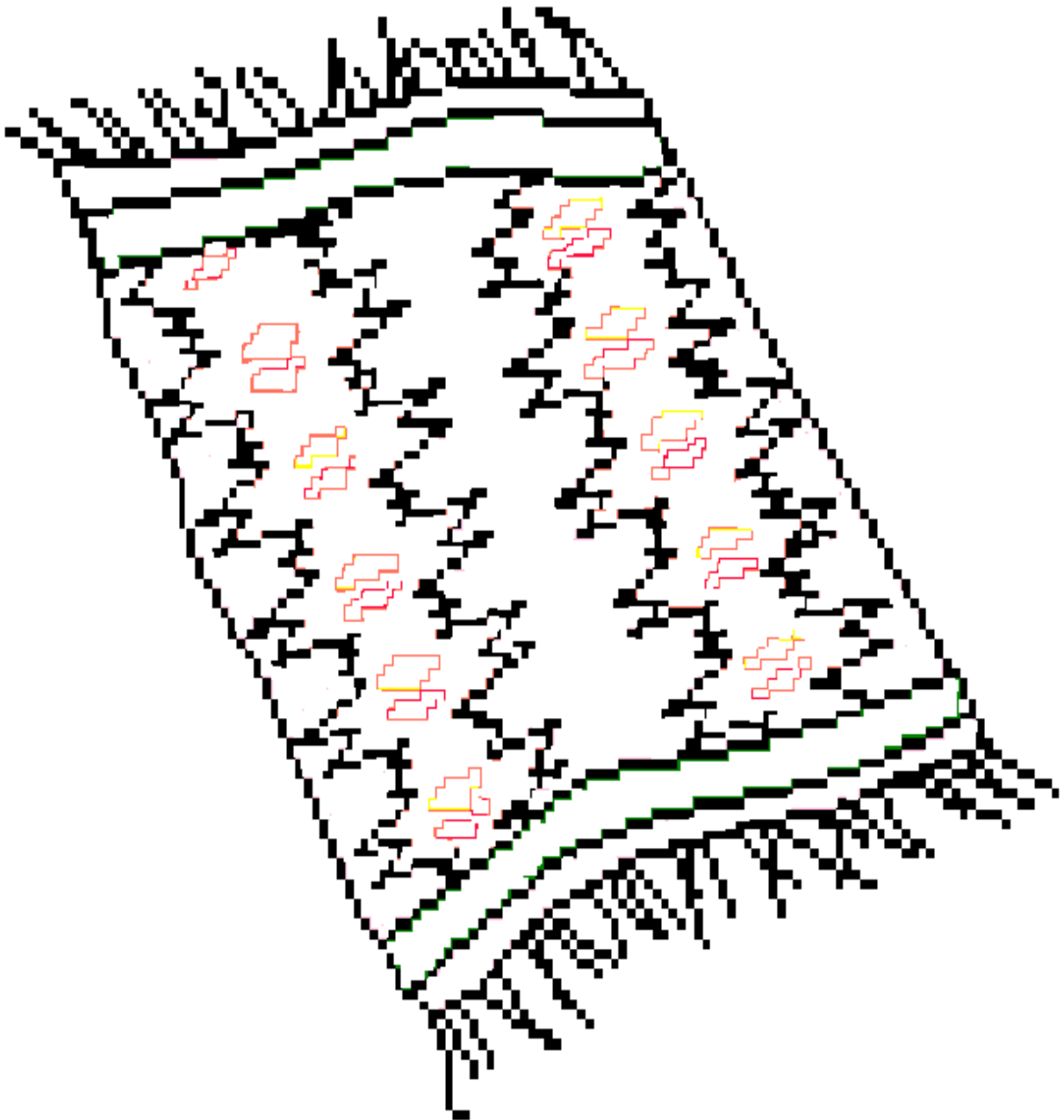
Just turn this page to start!

Remember to eat right!

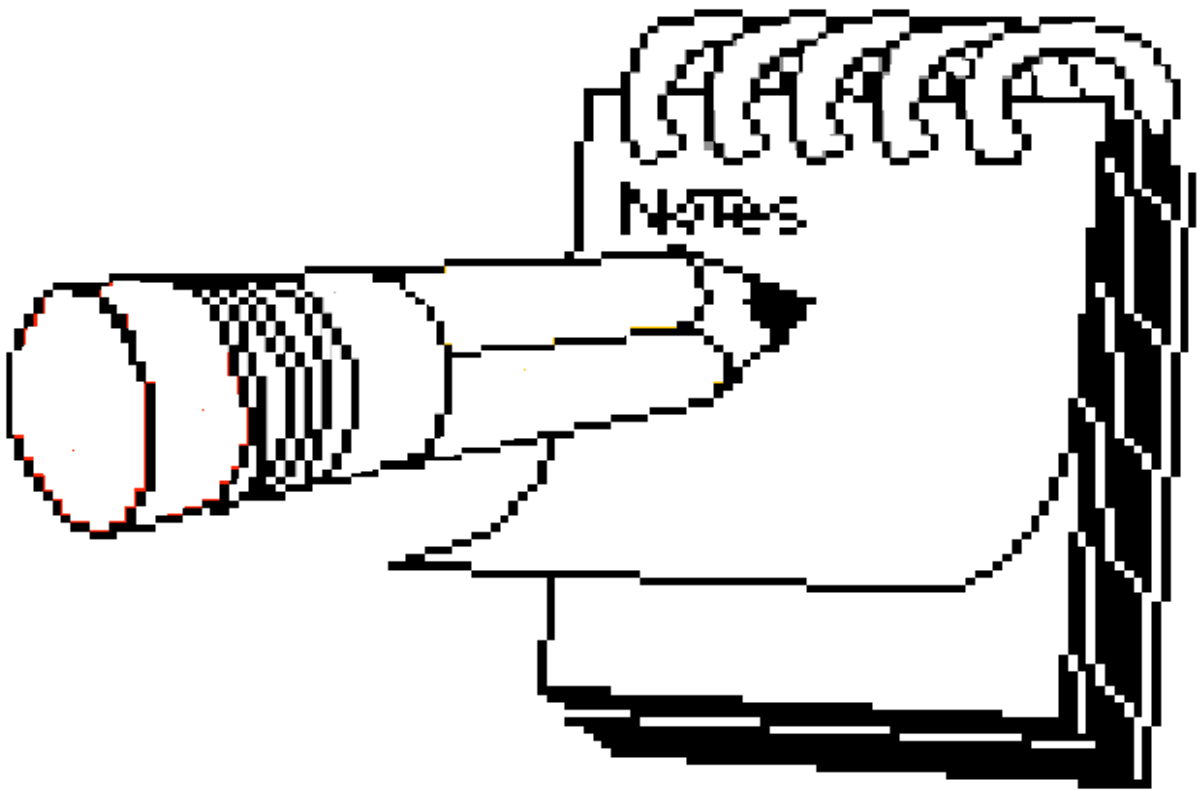


Remember to exercise ...

and get plenty of rest!



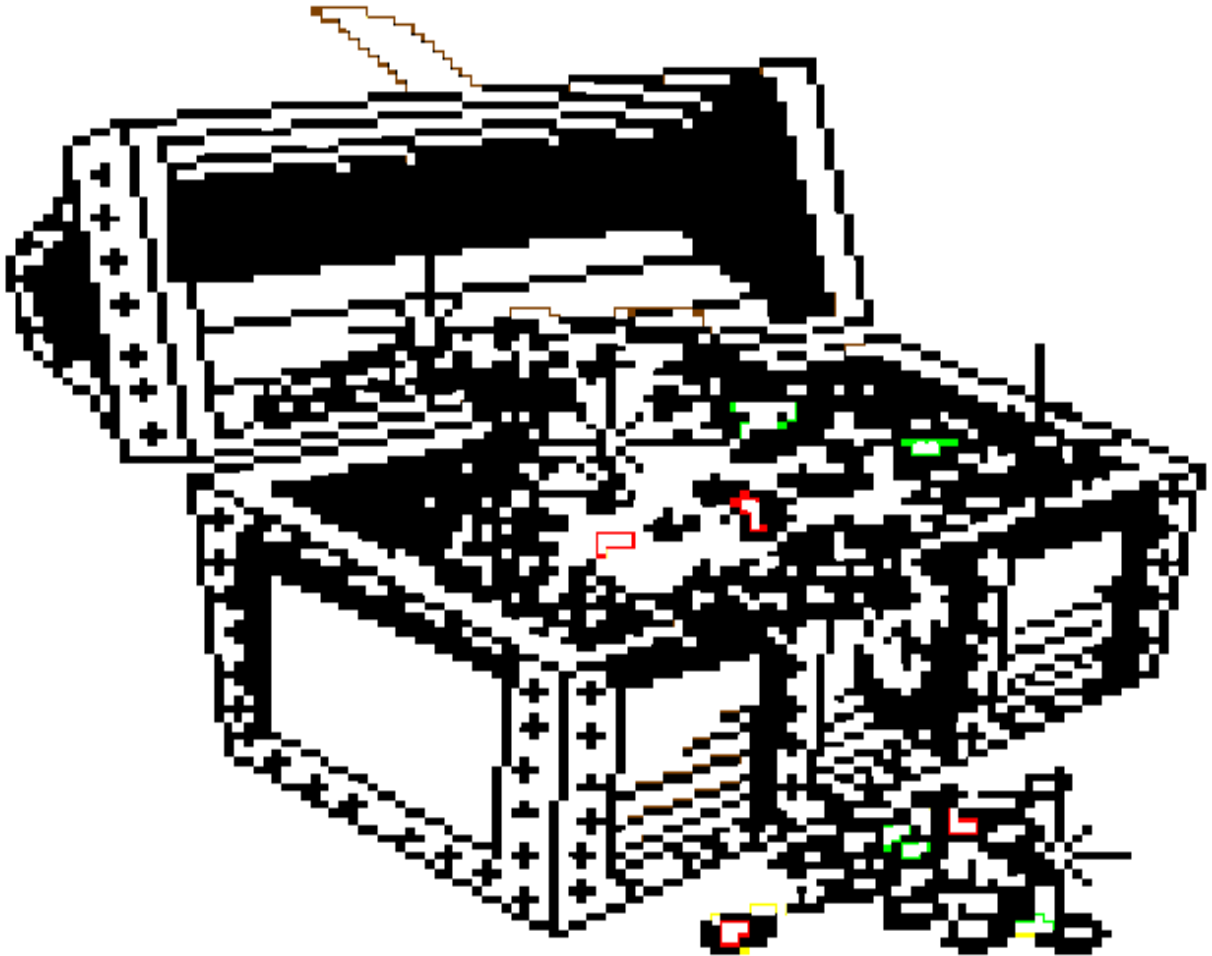
Study as best you can!





And use your Light & Sound Machine!

Because if you use light and sound . . .



Fossil Phil's treasure . . .

Can become your special gift:



The gift of Relaxation.

Fossil Phil story and concept courtesy www.mindmachines.com. This is a free ebook for children of all ages.
Michael Landgraf Enterprises, LLC / 2005

**If you ever have a question
about using your Light &
Sound machine . . .**

**all you have to do is email
Fossil Phil at:**

www.Mindmachines.com

or

www.AVSJournal.com

And

Fossil Phil will answer you.